

# WOKINGHAM BOROUGH CYCLE AROUND



SEPT 2007

# WOKINGHAM BOROUGH CYCLING MAP

## WHY CYCLE?

Cycling is good for you! It's fun, it's cheap, and it's good for the environment too!

**Cycling improves your fitness, strength and stamina.**

Physically active people have half the risk of coronary heart disease and up to a third of the risk of a stroke compared with inactive people.

**Regular cyclists enjoy a fitness level equal to that of a person ten years younger.**

Three quarters of all journeys in the UK are less than 5 miles. Many of these journeys could easily be made by bicycle.

## USEFUL CONTACTS

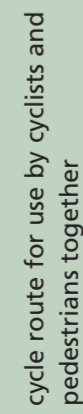
**WOKINGHAM BOROUGH COUNCIL**  
Cycling officer: tel: 0118 974 6288  
E-mail: [transportplanning@wokingham.gov.uk](mailto:transportplanning@wokingham.gov.uk)  
[www.wokingham.gov.uk](http://www.wokingham.gov.uk)

**Reading Cyclists Touring Club**  
Reading CTC organise weekly cycle rides to suit cyclists of all abilities, both on-road and off-road.  
Tel: 0870 8730060  
[www.readingctc.co.uk](http://www.readingctc.co.uk)

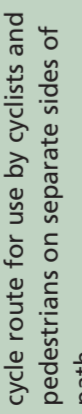
**Reading Cycle Campaign**  
Tel: 0845 330 2543  
[www.readingcyclecampaign.org.uk](http://www.readingcyclecampaign.org.uk)

**SUSTRANS**  
Charity promoting sustainable transport.  
Tel: 0845 113 0065  
The website [www.sustrans.org.uk](http://www.sustrans.org.uk) includes maps of the national cycle network.

## DO YOU KNOW THESE SIGNS?



cycle route for use by cyclists and pedestrians together



cycle route for use by cyclists and pedestrians on separate sides of path



cycle route for use by cyclists only



route reserved for use by cyclists only (road marking)



cyclists should walk at this point



Route recommended for pedal cycles



direction signs showing recommended route for cyclists



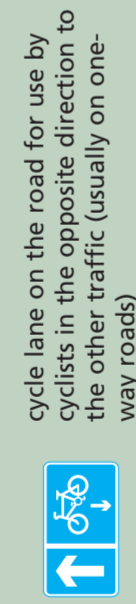
cycle lane on the road ahead



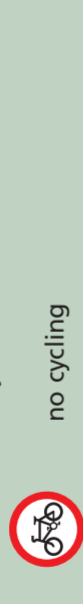
cycle lane on the road for use by cyclists in the same direction as the other traffic



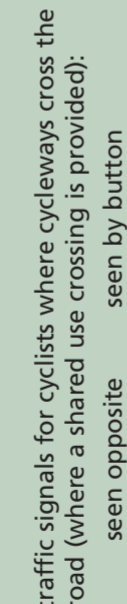
warning sign for pedestrians that there is a cycle lane ahead or that there is a cycleway crossing the road ahead



cycle lane on the road for use by cyclists in the opposite direction to the other traffic (usually on one-way roads)



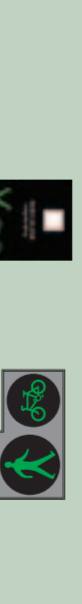
no cycling



traffic signals for cyclists where cycleways cross the road (where a shared use crossing is provided): seen opposite



no cycling



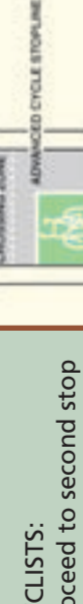
no cycling



Advanced stop lines



These are designed to improve safety and convenience for cyclists.



CYCLISTS: proceed to second stop line and wait for green signal.



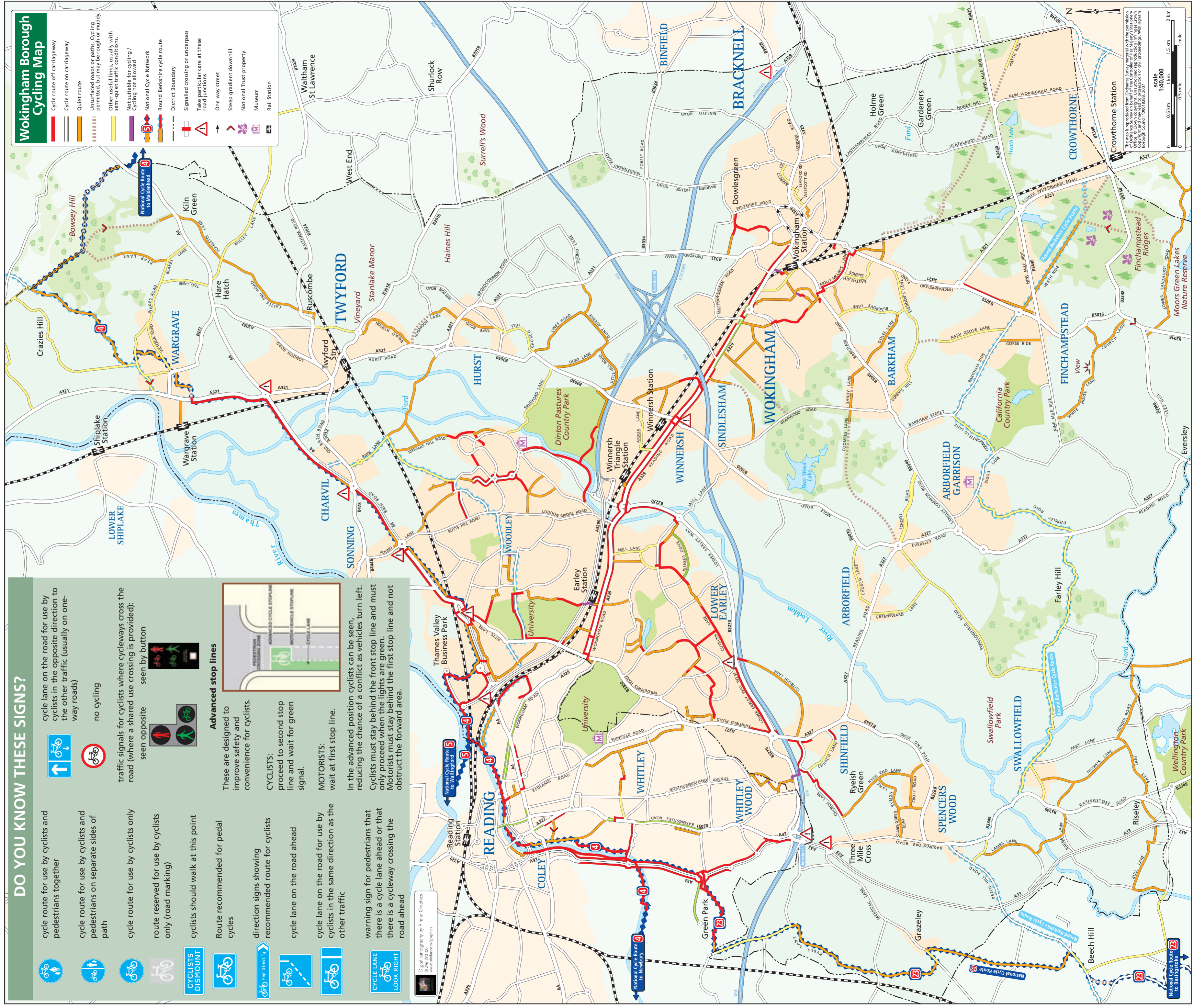
MOTORISTS: wait at first stop line.



In the advanced position cyclists can be seen, reducing the chance of a conflict as vehicles turn left. Cyclists must stay behind the front stop line and must only proceed when the lights are green. Motorists must stay behind the first stop line and not obstruct the forward area.

**Wokingham Borough Cycling Map**

- Cycle route off carriageway
- Cycle route on carriageway
- Quiet route
- Unsurfaced roads or paths, cycling permitted, but may be rough or muddy. Other useful links, usually with semi-quiet traffic conditions.
- Not suitable for cycling / Cycling not allowed
- National Cycle Route
- Round Berkshire cycle route
- District Boundary
- Signalised crossing or underpass
- Take particular care at these road junctions
- One way street
- Steep gradient downhill
- National Trust property
- Museum
- Rail Station



# Wokingham Borough Cycling Map

- Cycle route off carriageway
  - Cycle route on carriageway
  - Quiet route
  - Unsurfaced roads or paths. Cycling permitted, but may be rough or muddy.
  - Other useful links, usually with semi-quiet traffic conditions.
  - Not suitable for cycling / Cycling not allowed
  - 5 National Cycle Network
  - Round Berkshire cycle route
  - District Boundary
- ▲ Signalled crossing or underpass
  - ▲ Take particular care at these road junctions
  - One way street
  - ↘ Steep gradient downhill
  - P&R Park & Ride terminus
  - P Place of Interest
  - M Museum
  - H Hospital
  - R Rail Station
  - S School(s)
  - C College

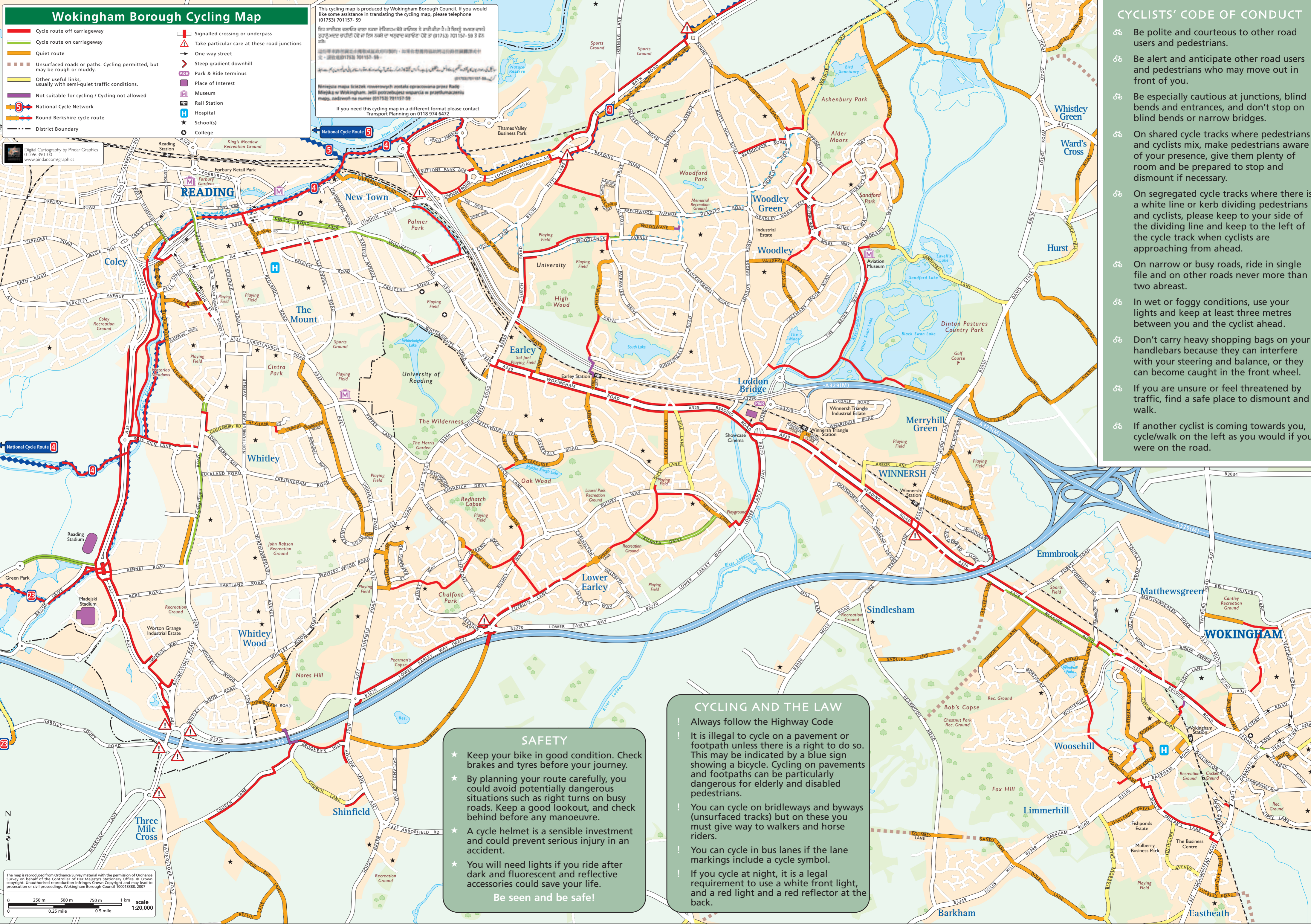
This cycling map is produced by Wokingham Borough Council. If you would like some assistance in translating the cycling map, please telephone (01753) 701157-59

ਇਹ ਸਾਈਕਲਿੰਗ ਕਾਰਡ ਮਾਪ ਵੋਕਿੰਗਹਮ ਬੋਰੌ ਕਾਊਂਸਿਲ ਦੁਆਰਾ ਤਿਆਰ ਕੀਤਾ ਗਿਆ ਹੈ। ਜੇ ਸਾਈਕਲਿੰਗ ਕਾਰਡ ਵਿੱਚ ਕੋਈ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਫੋਨ ਕਰੋ (01753) 701157-59 ਓ ਟੈਕ (01753) 701157-59

ਇਹ ਸਾਈਕਲਿੰਗ ਕਾਰਡ ਵੋਕਿੰਗਹਮ ਬੋਰੌ ਕਾਊਂਸਿਲ ਦੁਆਰਾ ਤਿਆਰ ਕੀਤਾ ਗਿਆ ਹੈ। ਜੇ ਸਾਈਕਲਿੰਗ ਕਾਰਡ ਵਿੱਚ ਕੋਈ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਫੋਨ ਕਰੋ (01753) 701157-59 ਓ ਟੈਕ (01753) 701157-59

If you need this cycling map in a different format please contact Transport Planning on 0118 974 6472

Digital Cartography by Pindar Graphics  
01296 390100  
www.pindar.com/graphics



- ### CYCLISTS' CODE OF CONDUCT
- ⚙ Be polite and courteous to other road users and pedestrians.
  - ⚙ Be alert and anticipate other road users and pedestrians who may move out in front of you.
  - ⚙ Be especially cautious at junctions, blind bends and entrances, and don't stop on blind bends or narrow bridges.
  - ⚙ On shared cycle tracks where pedestrians and cyclists mix, make pedestrians aware of your presence, give them plenty of room and be prepared to stop and dismount if necessary.
  - ⚙ On segregated cycle tracks where there is a white line or kerb dividing pedestrians and cyclists, please keep to your side of the dividing line and keep to the left of the cycle track when cyclists are approaching from ahead.
  - ⚙ On narrow or busy roads, ride in single file and on other roads never more than two abreast.
  - ⚙ In wet or foggy conditions, use your lights and keep at least three metres between you and the cyclist ahead.
  - ⚙ Don't carry heavy shopping bags on your handlebars because they can interfere with your steering and balance, or they can become caught in the front wheel.
  - ⚙ If you are unsure or feel threatened by traffic, find a safe place to dismount and walk.
  - ⚙ If another cyclist is coming towards you, cycle/walk on the left as you would if you were on the road.

### CYCLING AND THE LAW

- ! Always follow the Highway Code
- ! It is illegal to cycle on a pavement or footpath unless there is a right to do so. This may be indicated by a blue sign showing a bicycle. Cycling on pavements and footpaths can be particularly dangerous for elderly and disabled pedestrians.
- ! You can cycle on bridleways and byways (unsurfaced tracks) but on these you must give way to walkers and horse riders.
- ! You can cycle in bus lanes if the lane markings include a cycle symbol.
- ! If you cycle at night, it is a legal requirement to use a white front light, and a red light and a red reflector at the back.

### SAFETY

- ★ Keep your bike in good condition. Check brakes and tyres before your journey.
- ★ By planning your route carefully, you could avoid potentially dangerous situations such as right turns on busy roads. Keep a good lookout, and check behind before any manoeuvre.
- ★ A cycle helmet is a sensible investment and could prevent serious injury in an accident.
- ★ You will need lights if you ride after dark and fluorescent and reflective accessories could save your life.

**Be seen and be safe!**

The map is reproduced from Ordnance Survey material with the permission of Ordnance Survey on behalf of the Controller of Her Majesty's Stationery Office. © Crown copyright. Unauthorised reproduction infringes Crown Copyright and may lead to prosecution or civil proceedings. Wokingham Borough Council 100018388, 2007

0 250 m 500 m 750 m 1 km scale 1:20,000  
0 0.25 mile 0.5 mile